



CITY OF SAN ANTONIO  
**METROPOLITAN HEALTH DISTRICT**

Adolescent Health Services  
through University Health System and  
Communities In Schools of San Antonio

**Presented by: Dr. Colleen M. Bridger, Director**  
**Agenda Item #**  
**September 21, 2017**



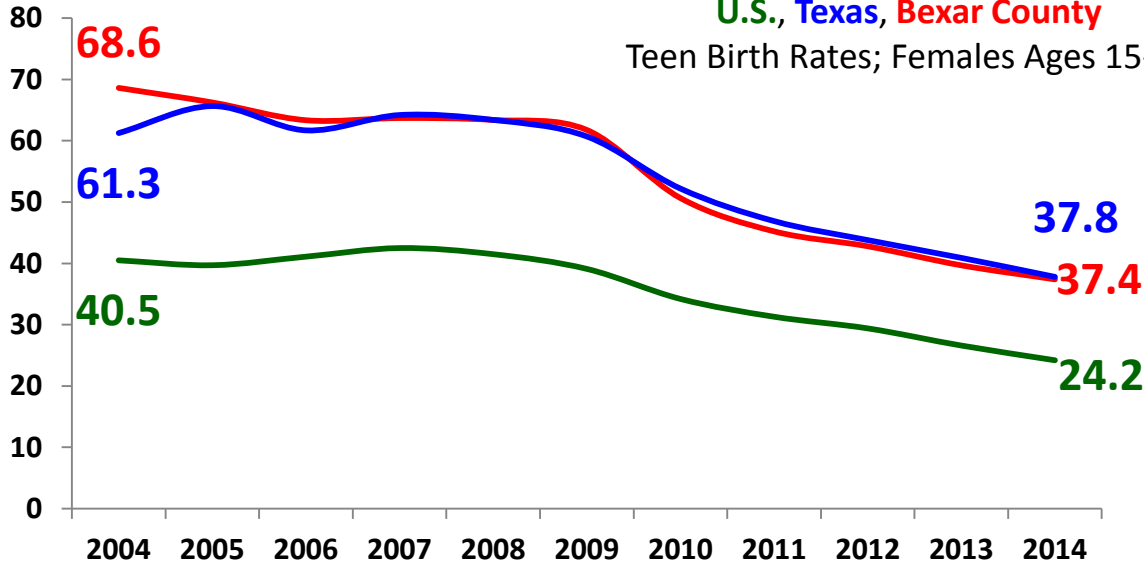
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## Background

2004-2014

U.S., Texas, Bexar County

Teen Birth Rates; Females Ages 15-19



San Antonio, Bexar Co.  
Teen Birth rate has  
declined **45%** since  
2004,  
**BUT**, still **55%** higher  
than U.S. rate.

The 2014 Percent of  
Repeat Teen Births was  
**22%**.



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# Background

- Long Acting Reversible Contraceptives (LARC) are effective for preventing teen pregnancy.
- Root cause analysis on repeat teen pregnancy: *Mental health of teen parents should be factored into local teen pregnancy prevention strategies.*
- Agreement with University Health System to provide no-cost LARCs for female teens, and mental health counseling services for teens. Agreement with Communities In Schools of San Antonio to provide in-school mental health counseling services for teen parents.
  - Parental/guardian consent required for minors.



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# Fiscal Impact

- The agreement with University Health System is up to \$325,000; agreement with Communities In Schools of San Antonio is up to \$216,000.
- Both agreements begin October 1, 2017 through September 30, 2018 with the opportunity for two, one-year renewals.
- Funding is available and budgeted through Metro Health's Medicaid 1115 Waiver.
- There is no impact to the General Fund.



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# Recommendation

Staff recommends approval of:

- Agreement with University Health System for an amount up to \$325,000.00
- Agreement with Communities In Schools of San Antonio for an amount up to \$216,000
- Both agreements begin October 1, 2017 through September 30, 2018, with the option for two, one-year renewals.