



CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT

Agreement with UT Teen Health for Project YES

Presented by:

Dr. Junda Woo, Medical Director

Agenda Item # 16
November 12, 2020



Background

- One of Metro Health's strategic priority focus areas is preventing depression and anxiety in adolescents
- Adolescent depression and anxiety both heightened during the COVID-19 pandemic
- Not enough mental health providers, particularly for adolescents with low incomes or no health insurance



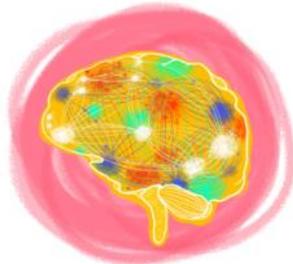


Background

- Project Yes is an evidence-based, single-session online intervention for depression and anxiety in adolescents shown to cut depression symptoms by half at 9 months

There are 3 steps to Project YES:

Project Personality



Project C.A.R.E



The A.B.C. Project





Background

Metro Health seeks to enter into an agreement with UT Health San Antonio's UT Teen Health Program for the adaptation, implementation, and evaluation of Project YES.

Adaptation: Create Spanish-language version and record Black and indigenous teen voices to include in the English version (by Dec. 2020)

Implementation: Garner support of at least 10 community youth serving organizations to integrate the Project YES program into their programming (Feb. 2021).
Garner support of 30 Bexar County middle and high schools for the integration of the Project YES program into their campuses (Sep. 2021)

Evaluation: Through surveys and focus groups, UT Teen Health will formulate and execute an evaluation plan for the impact of Project YES in San Antonio



Fiscal Impact

- Agreement with UT Health San Antonio
- Amount: \$260,000.00
- Term: Upon execution and ending Sept. 30, 2021
- Funding for this agreement is allocated in the FY 2021 General Fund Budget



Recommendation

Staff recommends City Council authorize execution of the agreement with UT Health San Antonio's UT Teen Health program for a term ending Sept. 30, 2021 in an amount up to \$260,000.00.