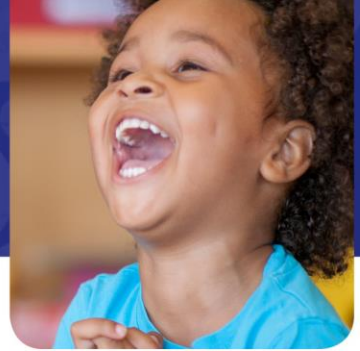




SOCIAL AND EMOTIONAL LEARNING MODEL

09.04.2018

SEL DEFINED



Social and emotional learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

Source: (CASEL Guide: Effective Social and Emotional Learning Programs—Preschool and Elementary School Edition, 2013)

SOCIAL AND EMOTIONAL SKILLS



The Collaborative for Academic, Social, and Emotional Learning (CASEL), identifies five core areas of social-emotional learning.

SEL: SELF-AWARENESS



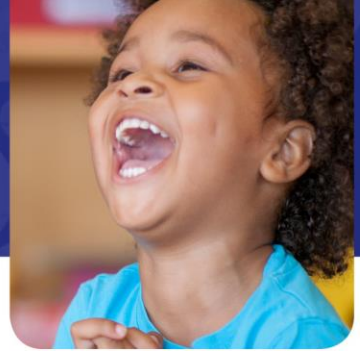
- Identifying emotions
- Accurate self-perception
- Recognizing strengths
- Self-confidence
- Self-efficacy

SEL: SOCIAL AWARENESS



- Perspective taking
- Empathy
- Appreciating diversity
- Respect for others

SEL: RELATIONSHIP SKILLS



- Communication
- Social engagement
- Relationship building
- Teamwork

SEL: RESPONSIBLE DECISION MAKING



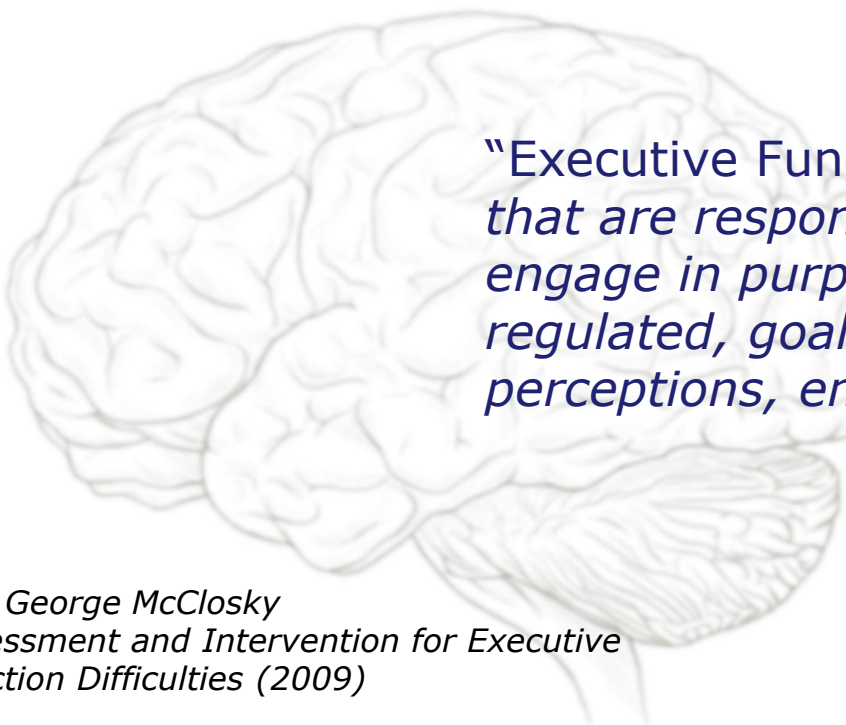
- Identifying problems
- Analyzing situations
- Solving problems
- Evaluation
- Reflecting
- Ethical responsibility

SEL: SELF-MANAGEMENT



- Impulse control
- Stress management
- Self-discipline
- Self-motivation
- Goal setting
- Organizational skills

SOCIAL AND EMOTIONAL SKILLS & EXECUTIVE FUNCTIONS



“Executive Functions are directive capabilities that are responsible for a person’s ability to engage in purposeful, organized, strategic, self-regulated, goal-directed processing of perceptions, emotions, thoughts, and actions.”

-Dr. George McClosky
Assessment and Intervention for Executive
Function Difficulties (2009)

HIGHLY-SKILLED WORKFORCE



Foundational Literacies

- Literacy
- Numeracy
- Scientific literacy
- ICT literacy
- Financial literacy
- Cultural and civic literacy

Competencies

- Critical thinking
- Creativity
- Communication
- Collaboration

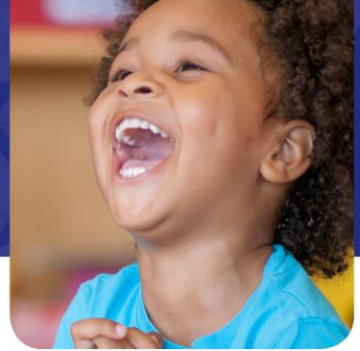
Character Qualities

- Curiosity
- Initiative
- Persistence/grit
- Adaptability
- Leadership
- Social and Cultural awareness

21st
Century
Skills

World Economic Forum

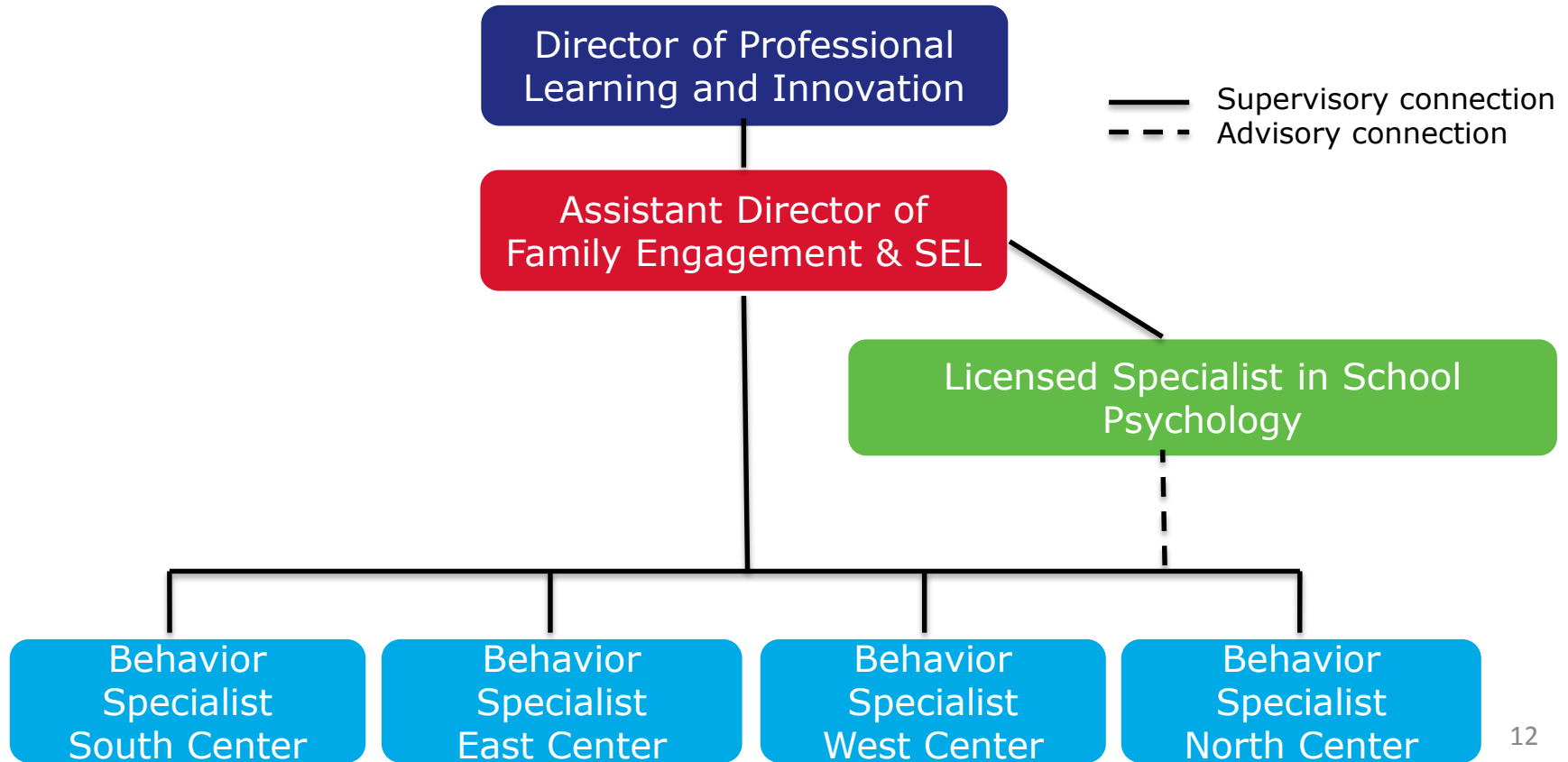
BEST PRACTICE



"Emotional well-being and social competence provide a strong foundation for emerging cognitive abilities. Together they are the 'bricks and mortar' of the foundation of human development. The brain is a highly integrated organ. Social development and regulation of behavior are as much a part of development as cognitive learning. Preschool teachers should know as much about social and emotional development as teaching literacy."

-Jack Shonkoff, Director of the Center on the Developing Child, Harvard University

THE SOCIAL AND EMOTIONAL LEARNING TEAM



SEL TEAM: OUR MISSION



To promote social and emotional learning in all children by utilizing evidence-based practices in our direct support of children, in consultation with parents and teachers, and in professional development.

FOUR GUIDING PRINCIPLES



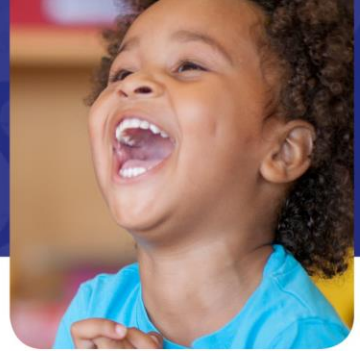
Children possess the ability to learn social and emotional skills that become part of the foundation for their success and positively impact health, behavior and academic outcomes.

FOUR GUIDING PRINCIPLES



Social and emotional learning has long-term benefits that contribute to healthy relationships, successful employment, and ethical responsibility.

FOUR GUIDING PRINCIPLES



Classrooms and learning environments that are supportive, responsive, and trauma-informed promote social, emotional and academic learning.

FOUR GUIDING PRINCIPLES



Educators should work in partnership with families and the community to help children become confident, independent, contributing citizens.

CASEL AND THE HIGHSCOPE CURRICULUM



CASEL
Core
SEL

Self-Awareness

- Self-Identity
- Sense of Competence

Self-
Management

- Emotions
- Conflict Resolution

Social
Awareness

- Empathy
- Cooperative Play

Relationship
Skill

- Cooperative Play
- Building Relationships

Responsible
Decision
Making

- Community
- Moral Development

HighScope Key
Developmental
Indicators

IMPLEMENTATION OF SEL



1. Explicit SEL Skills

2. Teacher Instructional Practices

3. Integration with Academic
Curriculum Areas

4. Organizational, Culture, and
Climate Strategies

Source: CASEL

CASEL SELECT



- Well-designed classroom-based curricula that systematically promote students' social and emotional competence, provide opportunities for practice, and offer multi-year programming.
- Deliver high-quality training and other implementation supports, including initial training and ongoing support to ensure sound implementation.
- Evidence-based with at least one carefully conducted evaluation that documents positive impacts on student behavior and/or academic performance.

Source: (CASEL Guide: Effective Social and Emotional Learning Programs
—Preschool and Elementary School Edition, 2013)

CASEL IMPLEMENTATION SUPPORT REVIEW



Program Name	Grade Range Covered	Grade-by-Grade Sequence	Average Number of Sessions Per Year	Classroom Approaches to Teaching SEL			Opportunities to Practice Social and Emotional Skills	Contexts that Promote and Reinforce SEL				Assessment Tools for Monitoring Implementation and Student Behavior		
				Explicit Skills Instruction	Integration with Academic Curriculum Areas	Teacher Instructional Practices		Classroom-wide	School-wide	Family	Community	Monitoring Implementation		Measuring Student Behavior
												Self-report	Observation	
AI's Pals	PreK-3		46 core lessons + 9 boosters	✔	Academic integration strategies provided		●	●	○	◐	○		✔	✔
HighScope Educational Approach for Preschool	PreK	✔	n/a		Academic integration strategies provided	✔	●	●	●	◐	○	✔	✔	✔
I Can Problem Solve	PreK-5		59-83 lessons	✔	Academic integration strategies provided		●	●	○	●	○	✔	✔	✔
The Incredible Years Series	PreK-2	✔	64 lessons	✔	Academic integration strategies provided for English/ language arts		●	●	○	●	○	✔		
PATHS	PreK-6	✔	40-52 lessons	✔	Academic integration strategies provided		●	●	●	●	○	✔	✔	✔
Peace Works: Peacemaking Skills for Little Kids	PreK-2	✔	30-85 activities varies by grade	✔	Academic integration strategies provided		●	●	●	●	○			✔
Tools of the Mind	PreK-K	✔	n/a		✔	✔	●	●	○	●	○	✔		✔

KEY

○ Minimal

◐ Adequate

● Extensive

A SYSTEMATIC SEL MODEL



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- HighScope Curriculum
- Teacher Instructional Practices
- School-Wide Practices/Policies
- Family Engagement Team
- SEL Team

SOCIAL AND EMOTIONAL LEARNING TEAM



Direct support of children

Coaching and modeling for teachers

Professional Development

Parent consultation and training

Implementation of the Response to Intervention (RtI) process

Psychological consultation

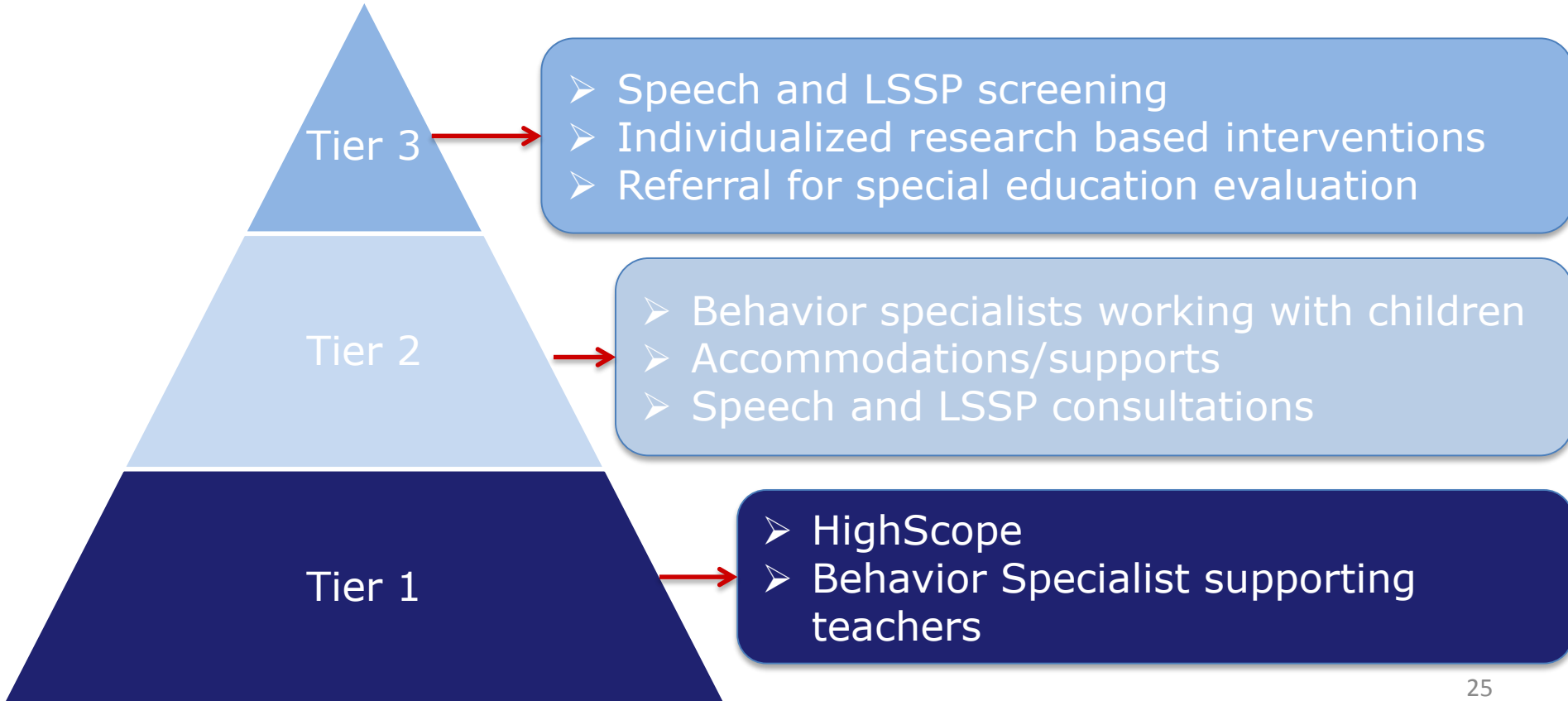
ARD meeting participation

RESPONSE TO INTERVENTION (RTI)



Response to Intervention (RtI) is a best practice approach that schools use to help all children, including struggling learners. The RtI approach gives children opportunities to learn and work at their developmental level. The idea is to help all children be successful.

RESPONSE TO INTERVENTION



AIM HIGH!



"The possibility for substantial progress in our ability to dramatically improve the life prospects of all young children is real. The time to aim higher is now."

*Best Practices to Breakthrough Impacts
-Center on the Developing Child, Harvard University*





QUESTIONS