



CITY OF SAN ANTONIO
PARKS & RECREATION

SUMMER PROGRAMMING

City Council “B” Session

August 1, 2018

Presented by: Xavier D. Urrutia, Parks and Recreation Director

Parks and Recreation

The department focuses on conservation of natural resources, provides social equity through access and amenities to parks and facilities, and offers a variety of positive outlets for self-led and structured recreational activities that encourage health and wellness in our community.



Conservation



Play



Social Equity



**Fitness
& Wellness**

SUMMER
YOUTH PROGRAM

A graphic featuring teal and green paint splashes in the upper left, a yellow globe with orange grid lines in the center, and a yellow paintbrush with a blue tip pointing upwards to the right. The text "Youth Development" is overlaid in large white letters with a drop shadow.

Youth Development

SUMMER FOOD PROGRAM

BRAVO!

Summer Youth Program

- Age 6–14 Years Old
- 8 Week Program
- Art, Math, Science, Reading, Fitness
- 5,000 Children
- 62 Sites



Summer Food Program

- Texas Department of Agriculture Grant
- Up to 6,600 Children
- *Por Vida Healthy*
Designation by Metro Health
- All SYP Sites, City Pools,
& Other Locations



BRAVO! An Evening of Song & Dance

- Series of Performances
- Arneson River Theater in July
- Fandango & Alamotion Dance Troupes
- Take Note Youth Band



FIT PASS

Community Fitness

FITNESS IN THE PARK



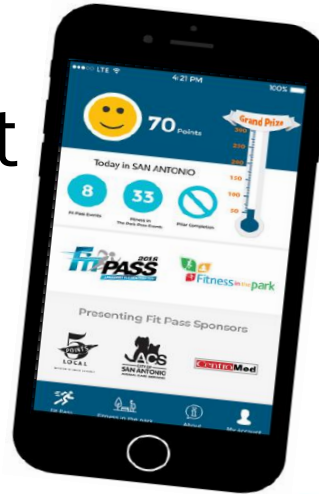
Fitness in the Park

- Boot Camp, Aerobics, Zumba, Yoga
- 6,500 Classes Annually
- No Registration Needed
Walk-Ins Welcome!
- FY 17 Attendees
 - 61,000+



Fit Pass

- Fitness, Wellness, Nutrition, Volunteer Events
- Track Points via Paper or Mobile App Passport
- 48% Increase in “Very Active” Weekly Activity Level





Fit Pass Dash Kick-Off 5K & Fitness Expo

Saturday, June 9
Pearsall Park





Fit Pass Dash Finale 5K & Fitness Expo

Saturday, September 8
Lady Bird Johnson Park



POOLS

LEARN TO SWIM

Aquatics

SPLASH PADS




Outdoor Pools

- 23 Outdoor Pools
- Open Swim
 - 6 Days per Week
- Morning Lap Swim
 - 3 Days per Week
 - Designated Pools
- Extended Season
 - 4 Regional Pools



Splash Pads

- 4 Splash Pads
 - Yanaguana Garden
 - Elmendorf Lake
 - Pearsall
 -  – Lincoln



Learn to Swim SA

- Free Group Swim Lessons
- 3, 2-Week Sessions
 - Varied Levels
 - Youth & Adults
- 2,600+ Participants



Aqua Zumba





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