

**COMMUNITY HEALTH AND EQUITY
COUNCIL COMMITTEE MEETING
MARCH 28, 2019
2:00 P.M.
MUNICIPAL PLAZA BUILDING**

Members Present: Councilmember Ana Sandoval, Chair, *District 7*
Councilmember Rey Saldaña, *District 4*
Councilmember Greg Brockhouse, *District 6*
Councilmember Manny Pelaez, *District 8*

Members Absent: Councilmember Art A. Hall, *District 2*

Staff Present: Rod Sanchez, *Assistant City Manager*; Colleen Bridger, *Interim Assistant City Manager*; Jim Kopp, *Assistant City Attorney*; Steven Whitworth, *Assistant City Attorney*; Joseph Harney, *Assistant City Attorney*; Melody Woosley, *Director, Department of Human Services*; Xavier Urrutia, *Director, Parks and Recreation Department*; Nefi Garza, *Assistant Director, Transportation and Capital Improvements Department*; Rebecca Flores, *Education Program Administrator, Department of Human Services*; Denice F. Treviño, *Office of the City Clerk*

Others Present: Ramon Chapa, Jr., *Opioid Prevention Coordinator, Bethel Prevention Coalition*; Beth Wells, *Bender, Wells, Clark Design*; Rich Acosta, *My City Is My Home*; Debbie Reid, *Technical Director, GEAA*; Caitlin Heller, *Intergovernmental Coordinator, SARA*; Steve Graham, *SARA*; Stephanie Reyes, *VP of Public Policy, SACHamber*; Martin Gutierrez, *AVP of Public Policy, SACHamber*; Sudha Seshadri, *Director, Glenn Biggs Institute, UTHSCSA*; Carole White, *Professor, School of Nursing, UTHSCSA*; Neela Patel, *Associate Professor, Long School of Medicine, UTHSCSA*

Call to order

Chairwoman Sandoval called the meeting to order.

Item 3 was addressed at this time.

- 3. A Briefing by Transportation & Capital Improvements (TCI) on an Interlocal Agreement between the City of San Antonio and the San Antonio River Authority (SARA) for the Implementation of Low Impact Development Storm Water Infrastructure Measures for Select 2017-2022 Bond Program Projects.** [Colleen M. Bridger, MPH, PhD, Interim Assistant City Manager; Melody Woosley, Director, Department of Human Services]

Nefi Garza stated that recent studies by the United States Environmental Protection Agency (USEPA) have shown storm water pollution as the leading cause of water quality contaminants

in the nation. He noted that currently, there were many tributaries and impaired streams in Bexar County listed on the Clean Water Act's 303(d) list which shows impairment for bacteria and pollutants. He stated that the City of San Antonio (CoSA), Bexar County, and the San Antonio River Authority (SARA) have collaboratively worked together, with other local governmental entities, since 2004 as part of an Interlocal Agreement (ILA) to promote flood control/management and decrease storm water pollutants. He noted that from this collaborative effort, the Bexar Regional Watershed Management (BRWM) Program was formed. He stated that over the past 10 years, the BRWM has collectively worked to apply resources to effectively reduce flooding risks and address threats to water quality through the use of:

- Watershed Master Plans
- Operations
- Land Use
- Low Impact Development (LID)
- Green Infrastructure (GI)
- Natural channel design
- Flood mitigation
- Project specific BMP's
- Water quality
- Stream degradation

Mr. Garza noted that LID and GI methods were cornerstone concepts of land sustainability in the Natural Resources and Environmental Sustainability sections of CoSA's 2020 vision. He stated that LID referred to systems and practices which utilize or mimic natural processes which result in the infiltration, evapotranspiration or use of storm water in order to protect water quality and associated aquatic habitat. He noted that there were many practices which have been utilized to adhere to these principles such as:

- Bio-retention facilities
- Rain gardens
- Vegetated rooftops
- Rain barrels
- Permeable pavements

He reviewed the LID design requirements and voluntary LID incentives and noted that the City does not mandate LID but incentivizes it. He stated that the ILA between CoSA and SARA would further establish and promote cooperative and collaborative partnering in the use of sustainable storm water management practices. He noted that the ILA would specifically describe the roles and responsibilities of CoSA and SARA to ensure cooperation and coordination on the implementation of programs, projects, and activities which are conducive to decreasing pollutants in the City's creeks and streams. He stated that to further support this collaborative effort, CoSA and SARA identified the following six future projects from the 2017-2022 Bond Program that this partnering and collaborative agreement would focus on:

1. Broadway Street Corridor
2. District 9 Senior Center

3. Woodlawn Multi-Generational Center
4. South Alamo Street
5. World Heritage Center
6. Fire Station #24

Mr. Garza noted that these sites were selected due to the fact that most drain into a creek or receiving body which contain high levels of bacteria or other contaminants. He stated that CoSA and SARA would seek to expand the application of sustainable practices (such as LID and GI) to improve water quality in our streams.

Councilmember Brockhouse entered the meeting at this time.

Chairwoman Sandoval asked if the BRWM was different from the Bexar County Regional Watershed Agreement. Mr. Garza replied that the BRWM was different from the Bexar County Regional Watershed Agreement.

Councilmember Pelaez expressed support for the ILA.

Councilmember Saldaña asked of LID features to be utilized for the District 9 Senior Center and the Woodlawn Multi-Generational Center. Mr. Garza stated that rain gardens and permeable pavement could be utilized at said Centers.

No action was required for Item 3.

Item 1 was addressed at this time.

1. Approval of the Minutes for the February 28, 2019 Community Health and Equity Committee Meeting

Councilmember Saldaña moved to approve the minutes for the February 28, 2019 Community Health and Equity Committee Meeting. Councilmember Brockhouse seconded the motion. The motion carried unanimously by those present.

Citizens to be Heard

There were no citizens registered to speak.

Briefing and Possible Action on:

2. **Briefing and Possible Action on Head Start Program Items and Fiscal Activities for February 2019.** [Colleen M. Bridger, MPH, PhD, Interim Assistant City Manager; Melody Woosley, Director, Department of Human Services]

Rebecca Flores stated that a Community Assessment was performed and staff partnered with UTSA to identify target areas for recruitment for Early Head Start and Head Start. She noted that recruitment was performed year round for the Early Head Start and Head Start Program in

the San Antonio and Edgewood Independent School Districts. She reviewed the results of a student outcomes analysis which was performed at the beginning of the school year which demonstrated that the Head Start Program was accomplishing its goals. She presented the following monthly program updates:

Indicator	Head Start	Early Head Start
% of children enrolled	100%	100%
Average daily attendance	93%	94%
Physical/well-child exams	97%	100%
Family Partnership Agreements	100%	100%

Ms. Flores stated that the Budget for Early Head Start in Fiscal Year (FY) 2018 was \$3.5 million and the Budget for Head Start in FY 2019 was \$29.9 million. She added that expenditures were on target in order to expend all funds by the end of the grant year.

Chairwoman Sandoval requested the highlights of the Head Start Recruitment Plan. Ms. Flores stated that recruitment would focus on the Children's Shelter, United Way, Eastside Promise, Canvassing, and National Night Out. Chairwoman Sandoval asked of the cost of the plan. Ms. Flores stated that she would provide that information to the Committee and noted that said cost was included in the Operating Budget.

Councilmember Saldaña moved to approve the 2019-2020 DHS Head Start Program Recruitment Plan. Councilmember Pelaez seconded the motion. The motion carried unanimously by those present.

Item 4 was addressed at this time.

4. Briefing and Update on the Final Draft SA Parks System Plan. [Colleen M. Bridger, MPH, PhD, Interim Assistant City Manager; Xavier D. Urrutia, Director, Parks and Recreation]

Xavier Urrutia stated that the SA Parks System Draft Plan (Draft Plan) identified the following four primary goals to guide the Parks System over the next 10 years: 1) San Antonio has a RESPONSIVE Park System; 2) The Park System is RESTORATIVE to the community's health; 3) San Antonio is more RESILIENT because of Parks and Recreation; and 4) The City is RESOURCEFUL in creating, maintaining, and changing the Parks and Recreation System. He noted that several outreach events were held including a Telephone Town Hall Meeting which had 2,300 participants; 85 of which were Spanish-speaking. He stated that a common concern registered in the public's comments was the need to protect our natural resources and wildlife habitat through the use of resource-driven access, development, and design. He provided an example of two of the strategies which were enhanced to advance this effort. He noted that the Parks and Recreation Board and the Planning Commission have endorsed the Draft Plan and noted that the Draft Plan would be brought before the full City Council on April 3, 2019 at B Session.

Chairwoman Sandoval asked when the storm water objectives would be implemented. Mr. Urrutia replied that the Draft Plan included Standard Operating Procedures which were being implemented currently.

No action was required for Item 4.

5. A Briefing by the San Antonio Metropolitan Health District on the Work of the Glenn Biggs Institute for Alzheimer's & Neurodegenerative Diseases. [Colleen M. Bridger, MPH, PhD, Interim Assistant City Manager; Jennifer Herriott, MPH, Interim Director, Health]

Sudha Seshadri stated that the goal of the Glenn Biggs Institute (Institute) for Alzheimer's and Neurodegenerative Diseases was to improve the care and research in dementia and related brain diseases in San Antonio. She noted that the State of Texas was third in the nation for people with dementia and there was an enormous cost associated with this. She stated that Hispanics have a 30-50% higher risk which was less well studied. She noted that the Institute takes a comprehensive approach by engaging in:

- Clinical care and research
- Basic science
- Public health
- Education and training
- Advocacy and community engagement

Dr. Seshadri stated that the Institute collaborated with University, City, State, National, and International parties. She noted that there were four Neurologists on staff at the Institute along with Neuropsychologists, Occupational Therapists, Psychiatrists, and Social Workers. She stated that the Institute places emphasis on patient and family support and improving the quality of life for patients. She noted that another goal was to combine animal studies with human studies. She stated that Alzheimer's was defined based on proteins found in the brain, on a Positron Emission Tomography (PET) Scan, or on a lumbar puncture. She noted that last week, San Antonio was declared a dementia-friendly city and noted the family education provided by the Institute. She reviewed the following priorities established by respondents who participated in a Town Hall:

Concerns and fears	<ul style="list-style-type: none">• Fear of miscommunication• Too few safe socialization opportunities• Stigmatization and judgement
Caregiver support	<ul style="list-style-type: none">• More education for family caregivers• Making room for the voices of People Living with Dementia (PLWD) and family caregivers
Community engagement and awareness	<ul style="list-style-type: none">• Educating medical professionals and community on dementia, caregiving, and resources• Promoting interactions between PLWD and caregivers• Better information coming from the doctors and nurses about how to live well with dementia

Dr. Seshadri reviewed the UT Health Senior Care Model and noted that there has been a conceptual shift for palliative care. She stated that a specialist team of doctors, nurses, social workers, and chaplains focus on quality of life and patient and family preferences. She reviewed Caregiver support services requested, patient needs, and innovations. She noted that the South Texas Alzheimer's Conference was held on February 25-26, 2019 and would be planned as an annual event.

Chairwoman Sandoval asked of the Memory Café. Carole White stated that a Memory Café was a social environment where PLWD and their families and caregivers could come together to socialize with other people on the same journey.

Councilmember Pelaez expressed concern that there were not enough living facilities in San Antonio, especially in low income areas, for PLWD. Dr. Seshadri stated spoke of aging in place as a solution for the need for living facilities.

Neela Patel stated that the goal of the staff was for PLWD to age in place. She noted that Caregivers were provided help through three Day Cares which fostered aging in place.

Councilmember Pelaez requested a list of grants submitted or to be submitted to be provided to Government and Public Affairs for inclusion in the Legislative Agenda.

Dr. Seshadri spoke of the need for transportation for PLWD and for Geriatric Services at University Hospital. She requested assistance from the City for these needs.

No action was required for Item 5.

Adjourn

There being no further discussion, the meeting was adjourned at 3:16 p.m.

Ana Sandoval, Chair

Respectfully Submitted

Denice F. Treviño, Office of the City Clerk