

# City of San Antonio FY 2020 Proposed Annual Operating & Capital Budget

Strong Families and Children

Presented by: Colleen M. Bridger, MPH, PhD  
Assistant City Manager

Metro Health and Human Services Budget Work Session  
August 13, 2019

# Presentation Overview

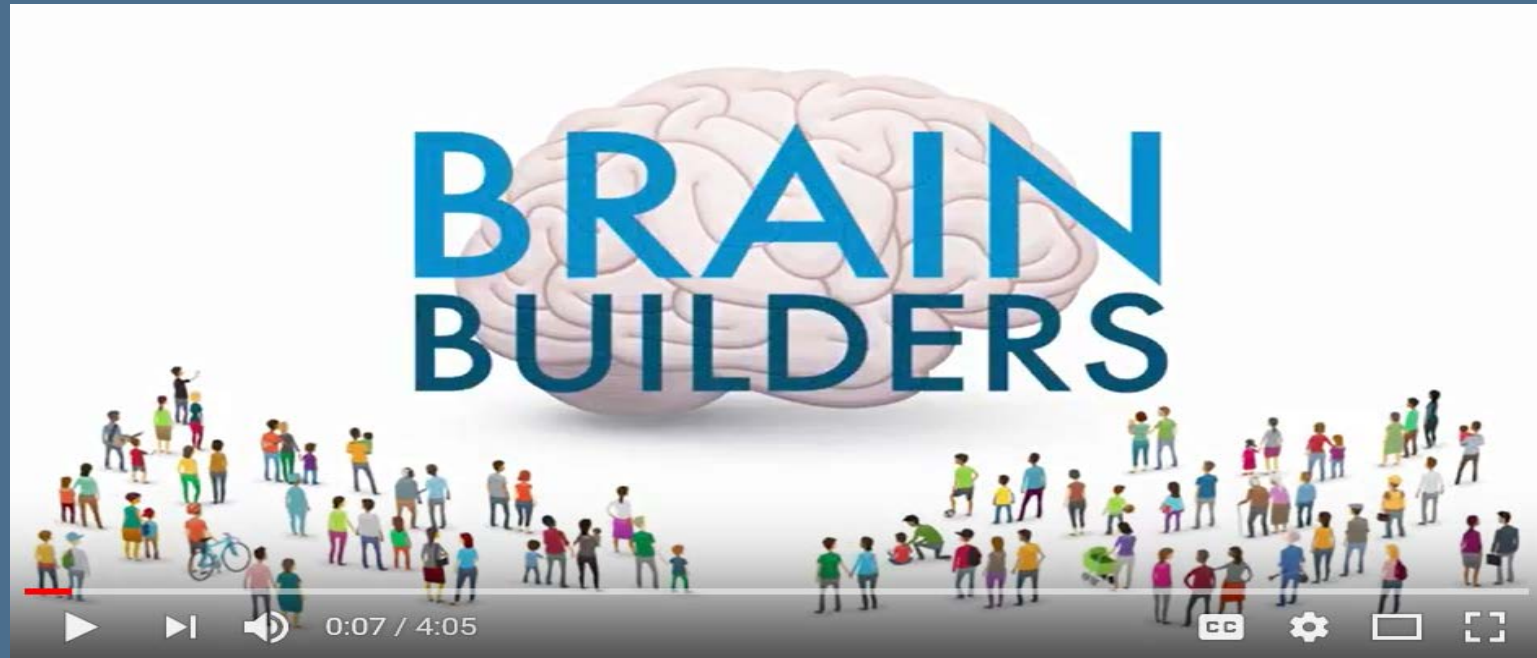
- Trauma Informed Care
- Domestic Violence
- Mental Health

# Trauma Informed Care



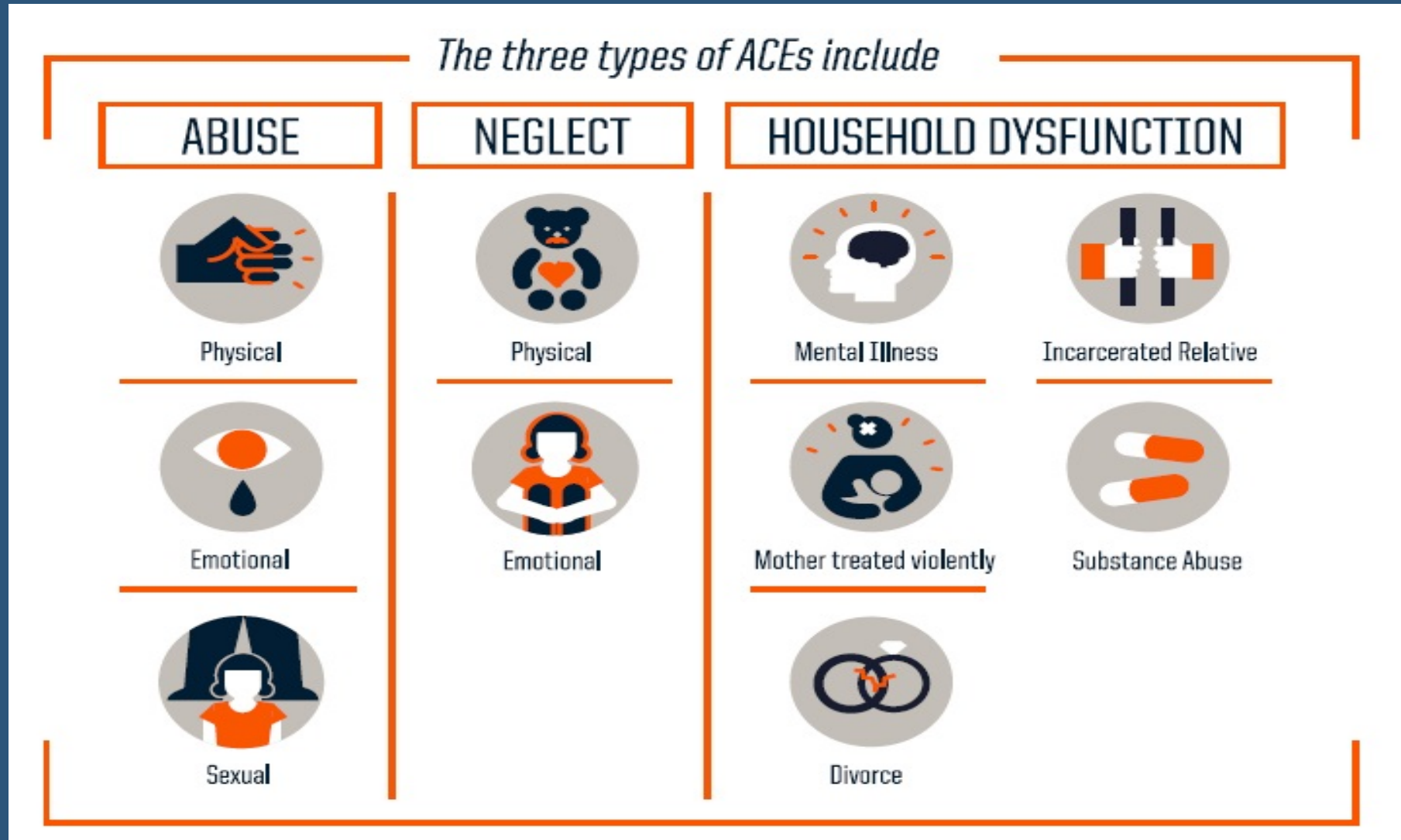


# Trauma Informed Care



<https://www.youtube.com/watch?v=LmVWOe1ky8s>

# Scored with a 10-question Quiz



# ACEs Dramatically increase risk for 7 out of 10 Leading Causes of Death

	Leading Cause of Death in US, 2015	Odds Ratio
1	Heart disease	2.2
2	Cancer	1.9
3	Chronic lower respiratory diseases	3.9
4	Accident	
5	Stroke	2.4
6	Alzheimer's	4.2
7	Diabetes	1.6
8	Influenza and Pneumonia	
9	Kidney disease	
10	Suicide	12.2

Odds Ratios associated with 4 ACEs (CDC 2015, Felitti 1998)

Data: Nadine Burke Harris/Center for Youth Wellness

# South Texas Trauma-Informed Care Consortium

The Consortium's Vision:  
*A Certified* Trauma Informed Care Bexar County

Tri-Chairs

**Yvette Sanchez**

The Children's Shelter



**Dr. Kathy Fletcher**

Voices for Children



**Dr. Colleen Bridger**

City of San Antonio



# The Institute for Trauma Informed Care

## Trauma-Informed Care Certifying Entity Business Plan

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FINAL

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San Antonio Metropolitan Health District  
May 31, 2019

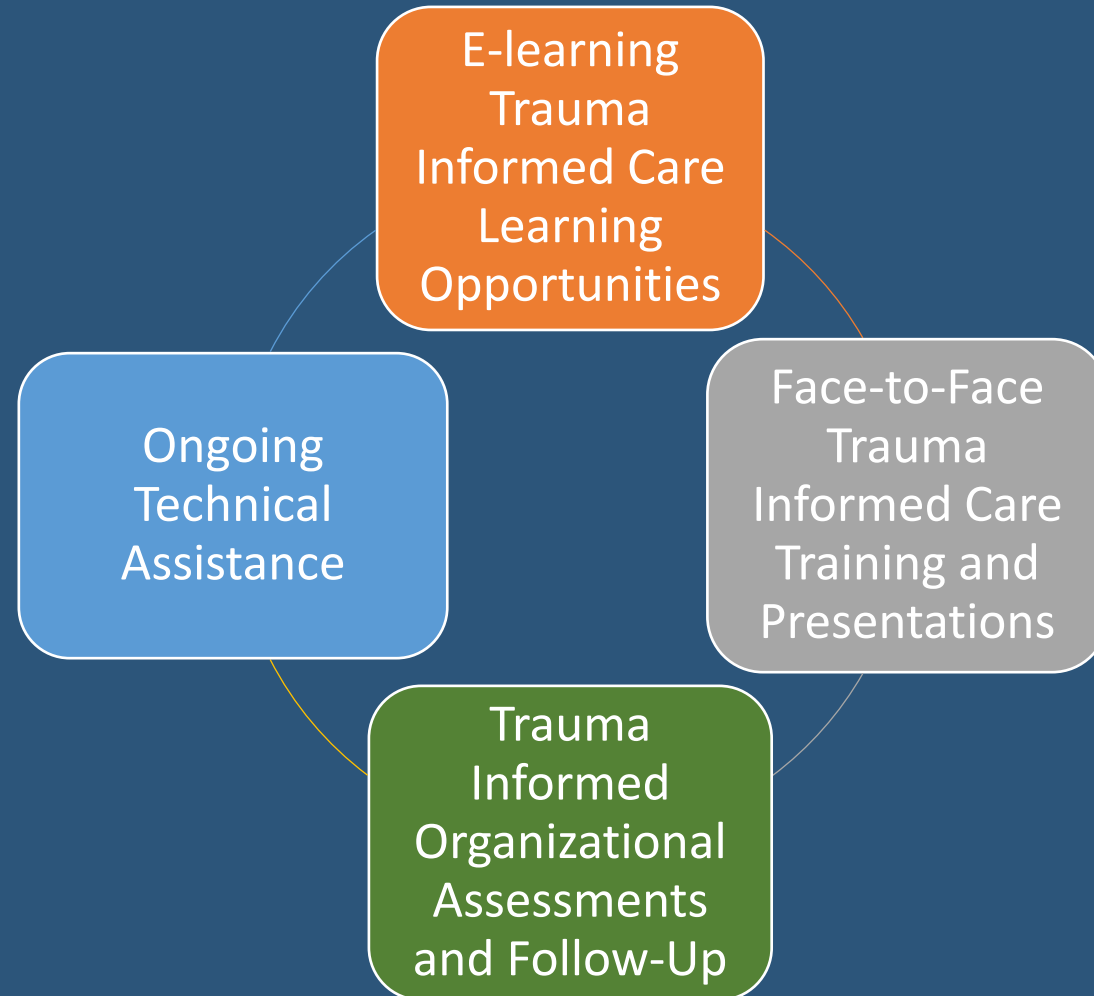


- No organizations in Texas provide Training, Certification Preparation or Certification
- The Institute will serve as a state-of-the-art information and certification hub for San Antonio
- Levels of Certification:
  - Bronze Certification
  - Silver Certification
  - Gold Certification
- Business plan projects year-one costs of \$1.2 million and self sufficiency at the end of year 5



# The Institute for Trauma Informed Care

Local Institute for Trauma Informed Care provides training, technical assistance and certification preparation to organizations and systems seeking trauma informed care certification.



# Total Funding

- \$606,972 to establish a Trauma Informed Care Certifying Process in San Antonio
- Matched by University Health System (UHS) to create The Institute for Trauma Informed Care

***City Allocation = \$606,972***

***Total Cost = \$1.2 million***



# Domestic Violence



# Comprehensive Domestic Violence Plan

A photograph of a woman with dark hair holding a young child. The woman is looking down at the child with a gentle expression. The child is looking towards the camera. The background is a soft, out-of-focus brown. A teal header bar is at the top of the image.

Data/Metrics

Gap Analysis

5-Year Framework

FY 2020 Work Plan

# City of San Antonio and Bexar County Joint Commission

**Commission on Collaborative Strategies to Prevent, Combat and Respond to  
Domestic Violence**

**Chairs: Judge Monique Diaz and Dr. Colleen Bridger**

**Comprehensive Domestic Violence  
Plan**

**Stakeholder Subcommittees**

**Nonprofit  
Coordination/San  
Antonio & Bexar  
County Domestic  
Violence Task Force**

**Law  
Enforcement**

**Healthcare**

**Prosecution**

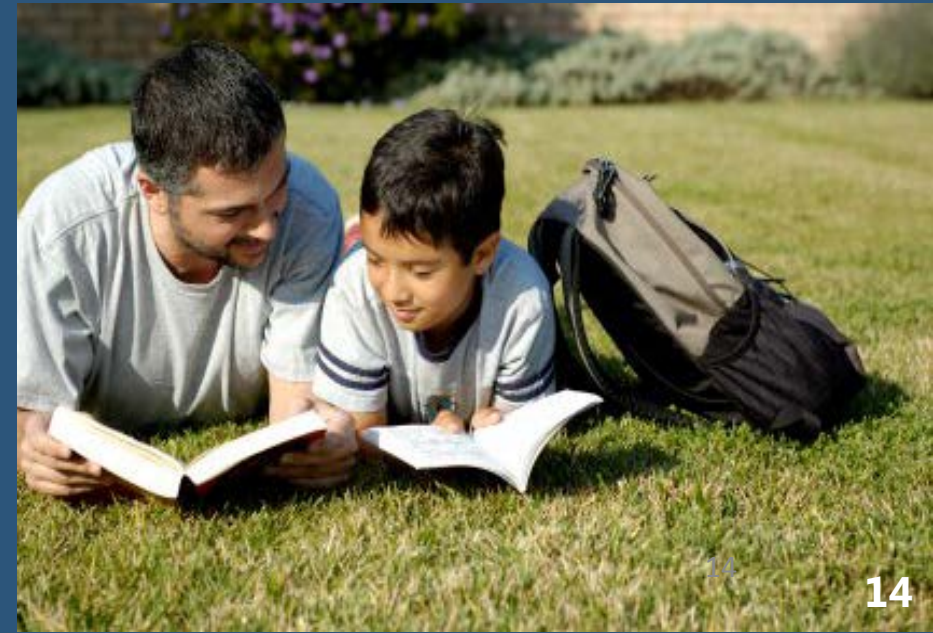
**Judiciary**

**Policy Workgroup**



# Immediate Actions

- D5 Domestic Violence Pilot in Multi-family Housing
- Administrative Directive (AD) and Training for CoSA Employees
- Violence Prevention Program Manager
- Community-wide Communications Campaign
- School-based Violence Prevention Program
- Child Abuse Prevention Parenting Programming
- SAPD Community Engagement Program
- Handle with Care Expansion
- Family Violence Prevention: SAFFE/COP Training
- Enhanced CRT Follow-up



# Next Steps

- Currently vetting draft plan with stakeholder groups
- By Oct. 15 DV Commission Committees will select priorities for FY 2020
- Final DV Comprehensive Plan and RFP funding priority recommendations presented at B Session on Oct. 30
- On Dec. 1 RFP process will begin for the remaining \$500k

*New funding to Delegate Agencies = \$500,000*

*New funding to Metro Health DV Programs and Services = \$500,000*

# Total Funding (\$ in Millions)

Program	FY 2019 Funding	FY 2020 Funding (Proposed)
Delegate Agency – Domestic Violence Prevention	\$0.6	\$1.1
Delegate Agency – Child Abuse Prevention	0.8	0.9
Health	0	0.5
Police	15.9	17.8
<b>Total Domestic Violence Funding</b>	<b>\$17.3</b>	<b>\$20.3</b>



**CITY OF SAN ANTONIO  
METROPOLITAN HEALTH DISTRICT**

# Mental Health





# Mental Health System Gap Analysis

- A City and County partnership assessed the mental health system pre/post crisis
- Needs include:
  - New Capacity
  - Existing Capacity Expansion
  - Process Improvement
  - Integration
  - Access to Treatment
  - System/Structure Integration





# Mental Health System Gap Analysis

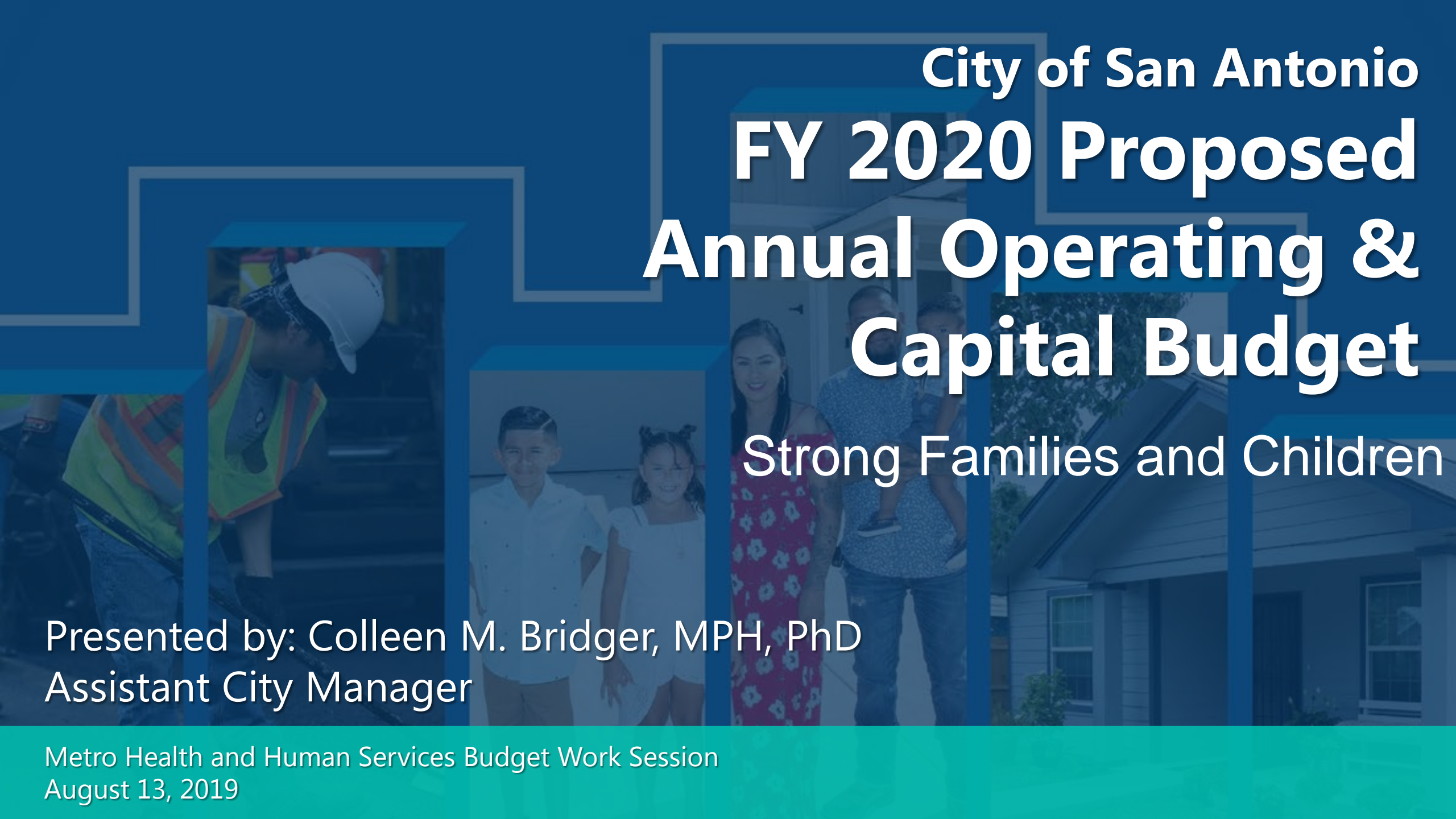


## Recommendations:

- Focus on Prevention
- Expand STCC to Coordinate Pre and Post Hospitalization

## Actions:

- Pre-Crisis Urgent Care Facility
  - Walk-in Medical Clinics
  - Focus on Families
- Convene Stakeholders
  - Improve Current State
  - Vision Future State

The background features a collage of four images: a construction worker in a hard hat and safety vest, two smiling children, a family of four, and a modern house. The entire image has a blue overlay.

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