



**CITY OF SAN ANTONIO  
OFFICE OF THE CITY COUNCIL  
COUNCIL CONSIDERATION REQUEST**

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2019 JUN 20 AM 11:46

TO: Mayor and City Council  
FROM: Councilwoman Adriana Rocha Garcia, District 4  
COPIES TO: Erik Walsh, City Manager; Leticia Vacek, City Clerk; Andy Segovia, City Attorney; John Peterek, Assistant to the City Manager; Christopher Callanen, Assistant to City Council  
SUBJECT: Stop the Bleed education course for City Council & Support Staff  
DATE: Thursday, June 20, 2019

Issue Proposed for Consideration

I ask for your support for the inclusion of the following item on the agenda of the earliest available meeting of the Governance Committee:

A proposal to educate City Council and City Council staff on bleeding control techniques through the delivery of a Stop the Bleed course.

Brief Background

Traumatic events can occur anywhere – from natural to man-made events such as vehicle collisions, natural disasters, workplace injuries, acts of violence, and more. Recently, we have seen a dramatic increase in the number of traumatic injuries in and around our city. University Health System's 2017 Community Trauma Report's revealed a record 5,361 trauma patients, a 65% rise over a five-year period.<sup>1</sup>

Many of these traumatic events can result in uncontrolled bleeding, which is the leading cause of preventable deaths in trauma.<sup>2</sup> A person with uncontrolled bleeding can die from blood loss within five minutes making immediate intervention essential to saving a life. Similar to efforts made with CPR education and access to automated external defibrillators (AEDs), the Stop the Bleed campaign aims to increase public awareness by educating the public on bleeding control techniques.

In addition to the trauma training course available to City Council support staff, the Stop the Bleed campaign will serve as a specialized form of training with a lasting impact and vital life-saving skills. By teaching City Council and Council staff about how to stop the bleed, we can empower each other to transition from the role of bystander to that of an immediate responder. The community outreach and engagement City Council members and their staff have with their respective communities propel us to a position of responsibility and preparedness in case of



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traumatic events. Additionally, we can encourage other City of San Antonio employees to participate in the Stop the Bleed course so they too can have the necessary skills to respond in case of an emergency.

Submitted for Council consideration by:

Choose an item. Councilwoman Adriana Rocha Garcia, District 4

Supporting Councilmembers' Signatures (4 only)

District

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References

<sup>1</sup> University Health System. "2017 Community Trauma Report." [https://hr.universityhealthsystem.com/secure/Flash/2017\\_Trauma\\_Report/](https://hr.universityhealthsystem.com/secure/Flash/2017_Trauma_Report/)

<sup>2</sup> Rossaint, Rolf, et al. "The STOP the Bleeding Campaign." *The STOP the Bleeding Campaign.*, PubMed, 26 Apr. 2013, [www.ncbi.nlm.nih.gov/pubmed/23635083](http://www.ncbi.nlm.nih.gov/pubmed/23635083).

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