

Mental Health System Gap Analysis

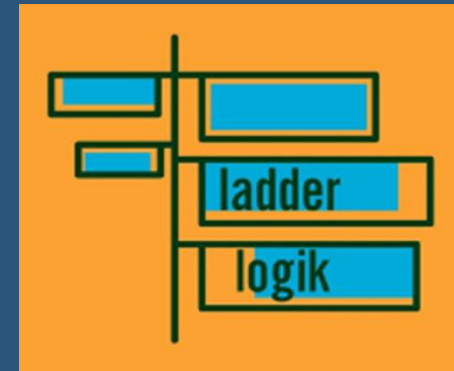
Presented by:
Melody Woosley, Human Services Director

Community Health and Equity Committee
November 18, 2019



Ladder Logik Consultant

- ❖ The City and Bexar County partnered with Ladder Logik to perform a gap analysis of the local mental health system.
- ❖ Services included:
 - ❖ Reviewing mental health studies in the community
 - ❖ Creating a gap analysis with a focus on community and organizational capacity across the mental health system
 - ❖ Focusing on services needed to address a range of mental health and substance abuse needs for the community
- ❖ Completed Final Report in June of 2019



Joint Commission: City of San Antonio & Bexar County



Areas of Focus Across the Mental Health System

Community Capacity	Organizational Capacity
<ul style="list-style-type: none">• Determine existing gaps in the mental health system.• Identify next steps and anticipated results due to additional capacity and coordination.• Identify distinct type of services needed to serve the diverse needs of residents seeking mental health services.	<ul style="list-style-type: none">• Review various stakeholder roles, capacity, and priorities.

Joint Commission: City of San Antonio & Bexar County

- Gap Assessment Findings centered around the following themes:

New Capacity

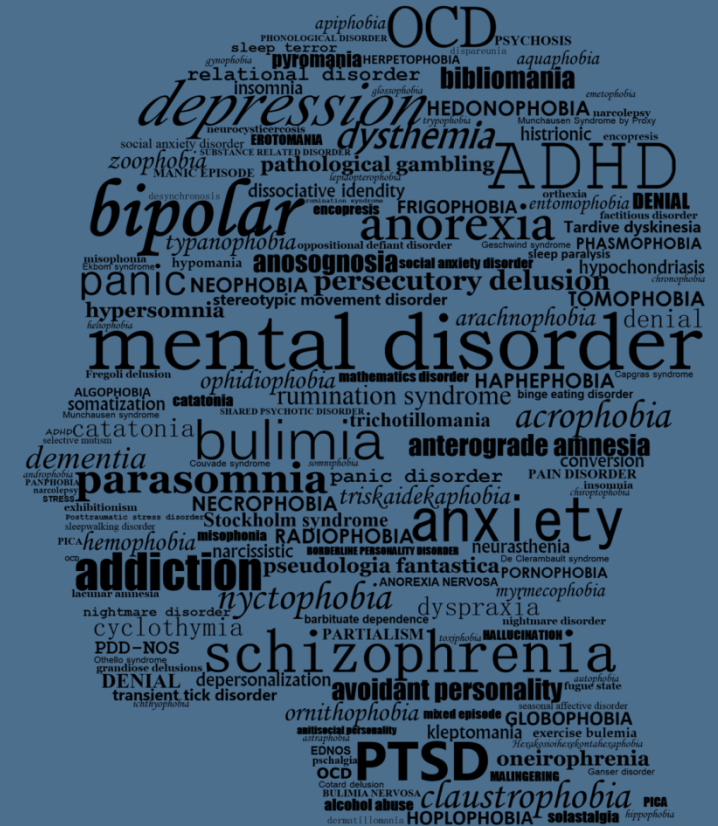
Integration

Existing Capacity Expansion

System & Structure

Access to Treatment Integration

Process Improvement



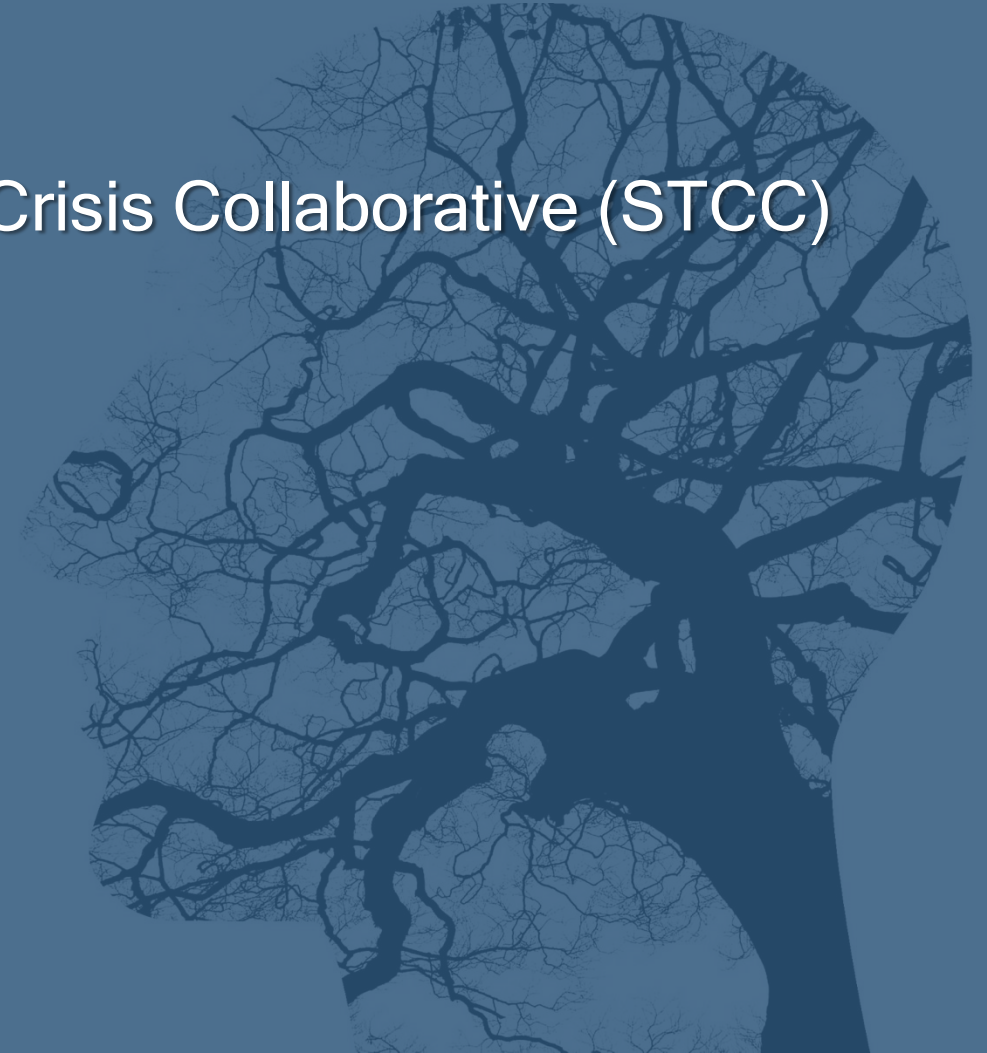
Workgroup Recommendations:

Recommendations:

- Focus on Prevention
- Expand Coordination with Southwest Texas Crisis Collaborative (STCC)

Next Steps/Actions:

- Establish a Pre-Crisis urgent care facility
 - Walk-in Medical Clinics
 - Focus on Families
- Continue to Convene Stakeholders
 - Improve Current State
 - Vision Future State



Pre-Crisis Clinic Goals:

- ❖ Prevent mental health crisis
- ❖ Reduce engagement of first responders
- ❖ Prevent chronic hospitalization
- ❖ Increase access to psychiatric treatment
- ❖ Provide service navigation and transportation
- ❖ Improve access to medication
- ❖ Support services for family members



Pre-Crisis Clinic Target Population:

Adults, Children and Youth Requiring treatment for the following diagnosis:

- ❖ Serious Mental Illness (SMI)
- ❖ Intellectual or Developmental Illness (IDD)
- ❖ Substance Use Disorder (SUD)
- ❖ Autism Spectrum Disorder (ASD)



Pre-Crisis Clinic FY 2020 Steps

- ❖ **Human Services will fund consultant to develop implementation and funding plan to open clinic in FY 2021**
- ❖ **County coordinating with City on addressing gap analysis.**

Pre-Crisis Clinic FY 2020 Steps:

- ❖ Continued partnership with Bexar County to address the need for pre-crisis mental health services.
- ❖ Work with the Southwest Texas Crisis Collaborative on a continuum of care across the Mental Health spectrum.

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