



Culinary Health Education for Families (CHEF) GRANT PROPOSAL

Background

In 2018, Pre-K 4 SA and CHEF entered into a partnership for the purpose of expanding the CHEF curriculum to prekindergarten programs throughout San Antonio. In the initial phase of the program, CHEF provided Pre-K 4 SA with a grant (\$103,000) to hire a Pre-K 4 SA Professional Learning Specialist dedicated to the CHEF expansion. In exchange for this funding, Pre-K 4 SA agreed to:

- Align the CHEF Program to high-quality early learning standards;
- Develop a professional learning plan to support implementation of CHEF Program in Pre-K 4 SA classrooms;
- Pilot the CHEF prekindergarten curriculum in 25 Pre-K 4 SA classrooms and revise and finalize the CHEF prekindergarten curriculum based on the pilot experience;
- Implement the finalized CHEF prekindergarten curriculum in all 100 Pre-K 4 SA classrooms;
- Develop professional learning modules to train teachers in the use of the CHEF prekindergarten curriculum
- Develop an evaluation plan for measuring the efficacy of the CHEF prekindergarten curriculum;
- Present CHEF Program initiative with key stakeholders in partner school districts and child development centers; and
- Identify, in collaboration with CHEF, 1-2 partner districts and a small number of child development centers to implement CHEF Program in Pre-K classrooms.

All of these goals were accomplished. However, although a formal evaluation of the program has been developed, it was not completed due to the closure of schools in response to COVID-19. The formal evaluation is scheduled for fall 2020 when schools reopen.

Within Pre-K 4 SA, the CHEF curriculum has become an integral part of the program. It is one of four curricular innovations that Pre-K 4 SA includes as a critical tenet of its high-quality early learning model. As a signature innovation, CHEF is highlighted when other programs request information about Pre-K 4 SA's approach. CHEF is also promoted to other San Antonio early learning programs as an aspect of improving program quality.



Chef Expansion 2020-21

Building on the success of CHEF in Pre-K 4 SA classrooms, Pre-K 4 SA offered other early learning programs the opportunity to adopt the CHEF prekindergarten curriculum by making the CHEF prekindergarten curriculum an option in the Pre-K 4 SA Competitive Grants program. Twenty-three schools in six districts chose to include CHEF in their grant proposals. This represents 121 early learning classrooms across San Antonio (Table 1).

(Table 1) Proposed Grant Funded CHEF Classrooms SY 2020-2021

District	Schools	Classrooms
East Central ISD	7	39
Edgewood ISD	2	12
Harlandale ISD	13	47
Northeast ISD	1	18
Jubilee	1	2
Blessed Sacrament	1	3
Total	23	121

The number of schools requesting support to implement the CHEF prekindergarten curriculum was greater than anticipated. Although Pre-K 4 SA has dedicated resources to this project (Table 2), the Pre-K 4 SA allocation is insufficient to support the expansion of the CHEF prekindergarten curriculum into all grant-funded schools.

(Table 2) Pre-K 4 SA Allocation to CHEF Expansion

Item	Quantity	Item Cost	Total Allocation
Professional Learning Specialist	1 FTE salary +benefits	\$103,000	\$103,000
Classroom Tool Kit	61	\$100.00	\$6,100.00
Food for 1 Lesson (Assume 20 children/classroom)	121	\$52.00 (\$2.60/child)	\$6,292.00
Total Pre-K 4 SA allocation to CHEF Expansion			\$115,392

In order to support expansion of the CHEF prekindergarten curriculum into all 121 classrooms, Pre-K 4 SA is requesting a grant from CHEF to allow Pre-K 4 SA to hire an additional Professional Learning Specialist dedicated to CHEF and cover additional food costs.

(Table 3) Grant Request:

Item	Quantity	Item Cost	Total Allocation
Professional Learning Specialist	1 FTE	\$103,000	\$103,000
Food for 7 lessons (Assume 20 children/classroom)	847 (121 x 7)	\$52.00 (\$2.60/child)	\$44,044
Total Request			\$147,044



CHEF Prekindergarten Curriculum Overview

CHEF 8-Lesson Modules

CHEF Lessons	Suggested Timeline
Intro Lesson- Assessments and Cutting Skills	End of September
Module 1- Tostadas Deliciosas	October
Module 2/3- Trail Mix & Infused Water	November
Module 4- Ranchy Dip	December
Module 5- Super Berry Bowl	January
Module 6- Confetti Corn	February
Module 7- Garden Salad with Lemon Vinaigrette	March
Module 8- Fruit Pizza	April
Module 9 – Build Your Own Recipe	May

CHEF Program Overview

- **Implementation:**
 - 8 Modules-1 Module/Month
 - Teachers are welcome to use CHEF tools to teach more often (be sure to check schedule for availability)
- **Professional Learning and Support:**
 - 1) Initial Meeting – District Point of Contact
 - 2) Volunteer Orientation Training
 - 3) 4 part educator training series-
 - Training 1 (3 hrs): Intro to CHEF and hands-on training rotations
 - Training 2 (1.5 hrs): Importance of Health and Wellness
 - Training 3 (1.5 hrs): Importance of Physical Development (1 hour)
 - Training 4 (1.5hrs): Importance of Mindful Eating (1 hour)
 - 4) Two campus visits by Julie Taylor (fall/spring)
 - 5) Two Family engagement events (fall/spring)
- **Pre- and Post-Assessments** (parents, teachers, students: Sept and May)
- **Additional Pre-K 4 SA Online CHEF resources and lessons**