

A photograph of a woman with long braids reading a book to a young child inside a tent. The tent is made of white fabric with a colorful striped pattern. The woman is wearing a pink hoodie and the child is wearing a red jacket and orange sneakers. The scene is warm and intimate.

Racism as a Public Health Crisis

Council Resolution

Zan Gibbs, Chief Equity Officer
City of San Antonio

National Context

Systemic racism is a root cause of health inequities

Nationally dozens of cities, counties and states are establishing Offices of Equity and prioritizing anti-racist policies, practices, procedures and resolutions





Impacts of Racism on Health Outcomes

Over 100 studies have linked racism to negative health outcomes, such as an increase in stress hormones and activation of the immune and inflammatory systems; changes in brain structure; elevation of blood pressure and blood sugar; and epigenetic changes.

Resolution Background

District 2 and District 7

Community Health and Equity
Committee

Office of Equity and Metro Health
Office of Health Equity

Executive Leadership Team and
City Attorney's Office



Select Commitments

Reviewing policies and procedures for the purposes of eradicating implicit and explicit racial bias and promoting policies and procedures that advance racial equity.

Engaging historically marginalized communities in the development of policy solutions for local issues related to health equity.



Thank You



Zan Gibbs, Chief Equity Officer