



City of San Antonio

Agenda Memorandum

File Number: 14-1970

Agenda Item Number: 14.

Agenda Date: 9/18/2014

In Control: City Council A Session

DEPARTMENT: Health

DEPARTMENT HEAD: Dr. Thomas L. Schlenker

COUNCIL DISTRICTS IMPACTED: City Wide

SUBJECT:

CDC Sodium Reduction in Communities Grant

SUMMARY:

This Ordinance authorizes the acceptance of funds in an amount not to exceed \$240,982.00 for year two of a three-year grant from the Centers for Disease Control and Prevention (CDC) to support the Chronic Disease Program of the San Antonio Metropolitan Health District (Metro Health) beginning September 30, 2014 through September 29, 2015, and authorizes a proposed program budget and a personnel complement of 4 positions.

In addition, this Ordinance authorizes the Director of Metro Health to initiate, negotiate and execute any and all necessary documents and grant contracts to effectuate the acceptance of funds for the above referenced grant, and to execute contract amendments pertaining to this grant in the following circumstances: a) carry-over funds, when ascertained and approved by the funding agency through a revised notice of award; b) line item budget revisions authorized by the funding agency; c) modifications to the performance measures authorized by the funding agency and listed in the contracts so long as the terms of the amendment stay within the general parameters of the intent of the grant; d) no cost extensions; e) amendments which will provide supplemental grant funds to the grant by the funding agency in an amount up to 20% of the total amount initially awarded to the grant; f) reimbursement increases of administrative funds for each participant served; g) amendments funding one time equipment purchases or defined program services; and h) changes in state regulations mandated by the funding agency.

BACKGROUND INFORMATION:

Approximately 90% of Americans consume too much sodium, increasing their risk of having high blood pressure. Because nearly 400,000 deaths each year are attributed to high blood pressure, decreasing sodium intake could prevent thousands of deaths annually. The purpose of this program is to reduce sodium intake to limits recommended by the 2010 U.S. Dietary Guidelines for Americans, US2010, which is a program of research on changes in American society in the recent past, led by project director John Logan, professor of sociology at Brown University.

Because the majority of sodium that people consume is already present in foods before purchase or preparation, reducing sodium intake may require increased availability and accessibility of lower sodium items. Because community-wide efforts to reduce sodium intake are relatively new, more practice-based evidence would support identification and refinement of effective strategies. The grant expects to achieve at least two of the following short-term outcomes by the end of the project period.

- Increased availability of lower sodium food products (i.e., presence of lower sodium foods in the environment)
- Increased accessibility of lower sodium food products (i.e., presence of lower sodium foods available in a form, location, price and time that facilitates their consumption)
- Increased purchase/selection of lower sodium food products

Metro Health's Chronic Disease Program has received funding from the CDC since 2013 through the Sodium Reduction in Communities grant which was approved by City Council on September 5, 2013.

ISSUE:

Metro Health is requesting City Council authorize acceptance of funds in an amount not to exceed \$240,982.00 to continue to support the identification and refinement of effective strategies in implementing community-wide efforts to reduce sodium intake.

ALTERNATIVES:

If acceptance of these funds is not authorized, Metro Health will forgo an opportunity to receive \$240,982.00 for the Chronic Disease Program to continue community-wide efforts to reduce sodium intake and decrease the risk of high blood pressure.

FISCAL IMPACT:

This Ordinance authorizes the acceptance of an award in an amount up to \$240,982.00 for year two of a three-year grant to support Metro Health's Chronic Disease Program in community-wide efforts to reduce sodium intake for the period beginning September 30, 2014 through September 29, 2015 and authorizes a proposed personnel complement of 4 positions which consists of a (1) Health Program Specialist, (1) Registered Dietitian, (1) Epidemiologist, and (1) Administrative Assistant position.

This grant does not require a cash or in-kind match and will have no fiscal impact on the General Fund.

RECOMMENDATION:

Staff recommends approval of an Ordinance authorizing the acceptance of funds in an amount not to exceed \$240,982.00 for year two of a three-year grant from the Centers for Disease Control and Prevention.