



# City of San Antonio

## Agenda Memorandum

**File Number:** 17-2066

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**Agenda Item Number:** 24.

**Agenda Date:** 3/30/2017

**In Control:** City Council A Session

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**DEPARTMENT:** Health

**DEPARTMENT HEAD:** Colleen M. Bridger, MPH, PhD

**COUNCIL DISTRICTS IMPACTED:** City-Wide

### **SUBJECT:**

An Agreement with UTSA for the San Antonio Metropolitan Health District to provide the UTSA Building a Healthy Temple Program for Chronic Disease and Diabetes Self-Management.

### **SUMMARY:**

This ordinance will authorize The San Antonio Metropolitan Health District (Metro Health) to expand access of the Stanford Chronic Disease Self-Management and Diabetes Self-Management Programs for individuals living with diabetes and their family members/caregivers as well as those that are at risk for developing diabetes. The project aims to improve disease management outcomes by expanding the reach of its current disease self-management program with an emphasis on churches and faith placed organizations within geographic disparity areas of diabetes and other chronic diseases. The University of Texas at San Antonio (UTSA) has been awarded a grant from American Diabetes Association, "Building a Healthy Temple: a Diabetes Self-Management Support Program in Hispanic Faith Community Settings." UTSA will award Metro Health funds to implement the Stanford Chronic Disease and/or Diabetes Self-Management program within a total of nine faith placed locations.

### **BACKGROUND INFORMATION:**

Metro Health has received Medicaid 1115 Waiver Program funding to enroll individuals within the City of San Antonio in either the Chronic Disease Self-Management Program or Diabetes Self-Management, (hereinafter referred to as DSMP/CDSMP) both developed by the Stanford Patient Education Research Center. The UTSA offers the Building a Healthy Temple Project to San Antonio area churches to combat obesity and diabetes through a faith-based curriculum focused on healthy eating, active living and healthy body weight. Metro

Health would like to collaborate with the UTSA in order to increase DSMP/CDSMP participants for the City's Medicaid 1115 Waiver Program. This collaboration will benefit the City's public health.

**ISSUE:**

The San Antonio population lives with a higher rate of diabetes than the State of Texas and Nation. The Stanford Chronic Disease Self-Management and Diabetes Self-Management Programs are evidence based and provide an opportunity for San Antonio residents to participate in a free program that empowers them to take control and better manage their diabetes or chronic diseases.

**ALTERNATIVES:**

Should this contract not be pursued, Chronic Disease self-management and Diabetes self-management workshops will not be available at locations, potentially negatively impacting health of community.

**FISCAL IMPACT:**

Metro Health is requesting City Council authorization of an agreement with the University of Texas at San Antonio (UTSA) to provide an amount up to \$14,437.00 to the San Antonio Metropolitan Health District for the provision of services related to the UTSA Building a Healthy Temple Program for a term beginning on April 1, 2017 and ending on December 31, 2019. There will be no impact to the General Fund.

**RECOMMENDATION:**

Staff recommends the approval of an ordinance to receive funds from UTSA to expand the reach of chronic disease/diabetes self-management workshops a term beginning on April 1, 2017 and ending on December 31, 2019.